

# Weekly Newsletter



Volume 6, Issue 28

Week ending  
11 September 2009

## ATTENTION:

YEAR 10  
STUDENTS

Please return your  
WORK

EXPERIENCE forms if  
you have not done so.  
These forms are now  
OVERDUE!

## PIANO LESSONS

Vacancies are  
available for  
PIANO LESSONS with  
Mrs Carol Aylward.  
Lessons will be on each  
Monday during School  
hours. Please register  
your interest at Reception.



DATES TO REMEMBER	
Sept	Interim Reports Issued
Tue 15	
15—18	Exams - Year 11
Wed 16	Marketfresh Day & Master Chef Comp
Thur 17	Immunisation Program (Yr 7)
Thur 17	Parent Teacher Inter- views – Yrs 8, 9, 10 from 4pm
Fri 18	<b>Last Day - Term 3 (EARLY DISMISSAL AT 2.05PM)</b>

## FROM THE PRINCIPAL

### The role of sport

As adults we can choose what activities we involve ourselves in outside of our work and domestic commitments. There will be significant variety across this community in terms of leisure pursuits. For many though sport will play a big part, whether it be playing, coaching, refereeing or watching. Our sporting interests are largely formed in our childhood and one of the reasons why schools include sport within their programs is because they can provide a base for life long interests.

Another reason for making sport a part of what we do is to do with physical fitness, which is linked to personal well being. A connection has been made in some people between lack of physical exercise and depression for example.

Sport involves skill development and simultaneous mental and physical processing is often required. Many sports involve team work and of course winning and losing. These are important life lessons as well. Not everyone will be good at sport and some will not do any more sport than is required of them, and that is fine.

I am very drawn to the concept of one's "personal best". When I congratulate our sports people on their achievements I am thinking of results which have arisen out of everyone doing their best. Not everyone will receive a medal, but we can praise those who do, without undervaluing those who tried and, hopefully improved on a previous level of achievement.

### AHISA Biennial Conference

I will be away from Saturday to Wednesday attending the Association of Heads of Independent Schools Australia Conference. It is held every two years and this time will be in Hobart. Mr Ron Couchman will be Acting Principal during the 3 days I will be absent from the School.

Andrew P Pullar

## FROM THE DEPUTY PRINCIPAL

Assembly on Monday was brought to life in a big way as Mr Zweck completed our Science week activities with the firing of three rockets! We experienced the problems with launching rockets and the successors as rockets blasted their way up into the clouds as well as reaching a maximum height of 15 feet!! Thanks Mr Zweck.

Congratulations to all of our Grade 5, 6 and Year 7 students who received Credit and Distinction Certificates in the recent Spelling competition.

Our Year 11 Art students, who are currently working on Oil paintings gave us an insight into their work and showed us the progress they had made on their canvases.

In terms of our Student Leadership positions, a lot of students have been nominated for positions of Prefect, Student Leader or House Captain. This has been very pleasing to see so many students put themselves forward for these positions. Unfortunately not everyone can be elected and some students will miss out, but for many there will be another chance next year. Voting took place on Wednesday and it won't be too long before these votes are counted and the appointments are made. Our first School Captains will be elected from our Prefects which will be done at a special Leadership seminar in the first week of Term 4.

Ron Couchman

## RECIPES FROM THE FOOD TECH ROOM

### **Hamburgers with the lot!**

#### **Meat patty**

200gm of mince meat  
¼ of an onion, finely diced  
1 tablespoon of chopped parsley  
1 clove of garlic, crushed  
Salt and pepper

#### **Salad Ingredients**

1 tomato  
2 slices of beetroot  
2 pineapple rings  
2 lettuce leaves  
2 bread rolls  
2 tablespoons of Alfalfa  
2 slices of bacon  
2 slices of cheese  
Tomato sauce



1. In a medium sized bowl, combine the mince, diced onion, parsley, garlic, salt and pepper.
2. Mix all ingredients together.
3. Divide mixture into 2 even lots.
4. Roll into a ball and flatten. This will make it cook faster and more evenly.
5. Place your meat patty on a plate and cover it with glad wrap. Place it in the fridge.
6. Wash tomato and lettuce under cold running water.
7. Slice tomato and lettuce and place on a plate.
8. Gather other fillings such as cheese slice, beetroot, alfalfa, pineapple and bacon .
9. Spray frying pan with cooking spray and cook meat patties for about 5 minutes on each side. While the patties are cooking add the bacon to the frying pan.
10. When the patties are cooked, place a slice of cheese on top so it melts slightly.
11. Spread tomato sauce on one half of the bread roll. Place the patty on top next and then the bacon.
12. Top with remaining salad ingredients and place the lid on top.

Enjoy.



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# MASTER CHEF

Excitement is mounting over Master Chef Moama Grammar! Teams have been finalised and are as follows:

Staff Team 1. Kate Kemp, Maris Carmody, Paula Smith

Staff Team 2. Greg Cadd, David Fenwick, Tim Bowles

Staff Team 3. Jenni Wood, Adam Snow, Michael Zweck

Staff Team 4. Tania Keenan, Kirsty Eddy, Lou Kennaugh

Student Team 1. Jonathan Pike, Staci Richardson, James Thomas and Jordan Ives

Student Team 2. Hannah Hatton, Rebecca Wright, Tara Pocklington and Caitlin Meyer

Student Team 3. Kathryn James, Stephanie O'Brien, Georgia Leorke and Imogen Allan

Each team now has one week to plan their menu for the competition. They are required to prepare and present, for judging on the day, 2 courses, with 4 serves of each dish, in 100 minutes. Teams are restricted to use only the ingredients and quantities as stipulated in the "mystery box" below.

May I take this opportunity to wish all competitors the best of luck and Happy Cooking!

## MYSTERY BOX

### List of Ingredients

6 eggs	4 tomatoes
4 chicken fillets	4 sticks of celery
750gm rice	4 carrots
200gm char-grilled eggplant	2 litres of chicken stock
2 onions	100gm of parmesan cheese
90gm basil pesto	2 bananas
2 cloves of garlic	1 punnet of strawberries
200ml of olive oil	250gm of frozen peas
150ml of white balsamic vinegar	250 gm of butter
300gm pitted kalamata olives	500gm of self raising flour
120gm antipasto mix	500gm of plain flour
300gm tomato paste	500gm of sugar
150gm of mushrooms	500ml of milk
100gm of bread crumbs	100gm of cocoa
300gm of pasta	250gm of dark chocolate
400gm of pumpkin	250gm of milk chocolate
4 rashers of bacon	250gm of white chocolate
1 capsicum	300ml of cream
4 apples	Herbs and spices (cinnamon, coriander, vanilla essence, cumin, salt, pepper, parsley, chives and icing sugar.

REMEMBER: You have 100 minutes to prepare a 2 course meal that consists of 4 portions (serves) in each course. You may choose to make an entree and a main or a main and a dessert. The choice is yours!

**Michelle Downie**

# CAREERS NEWS



**REMINDER—YEAR 10 STUDENTS:** Moama Anglican Grammar School in conjunction with The University of Melbourne is introducing the Kwong Lee Dow Young Scholars Program next year.

The program offers high-achieving Year 10 students the opportunity to engage with the University and each other through an extensive program of events and activities at the Parkville Campus. The program is a three-year program designed to assist students to realise their full potential through creating a network and community of students over years 11, 12 and first year Melbourne University students.

To be eligible you must display a strong academic record and be nominated by the School. Application are now open. Expressions of interest in the form of a letter should be forwarded to Mr Andrew Pullar, Principal, by 19 September 2009.

## OPEN DAYS

Tuesday 29 September Monash University Peninsula Campus [www.monash.edu/study/events/experience](http://www.monash.edu/study/events/experience)

## MELBOURNE UNIVERSITY ENGINEERING

Guaranteed Commonwealth Supported Places (CSP's) in the Master of Engineering. All local students completing New Generation Bachelors degrees with Engineering systems majors or sequences, who meet the entry requirements for the Master of Engineering (achieve a H3, 65% weighted average in the final two years) will receive a guaranteed CSP in the Master of Engineering (for entry to the Maters) up until 2014.

## DEFERRING AT MELBOURNE UNIVERISTY AND AUSTRALIAN CATHOLIC UNIVERSITY

Melbourne and Australian Catholic Universities are now allowing deferral for up to two years, as is Deakin University. Check out the deferral policy for each university by reading their section in the VTAC guide. It is not usually possible to defer a TAFE course, you will need to apply again later as a non-year 12.

## RMIT Folio Courses in Holidays

RMIT runs intensive courses allowing students to expand skills and knowledge to apply to their folio and gain insights into future study options (Fashion, 3D Product Design, Visual/Fine Art, Photography, Multimedia).

**Enquiries** 9925 8111, [enquiries@rmit.edu.au](mailto:enquiries@rmit.edu.au) ; [www.shortcourses.rmit.edu.au](http://www.shortcourses.rmit.edu.au)

## DESIGN INFORMATION SESSIONS

Swinburne Faculty of Design is holding evening information sessions providing the same information as an Open Day.

**When:** (all sessions begin at 7pm)

Double Degree in Design/Business	Friday 18 September	Communication Design	Monday 21 September
Industrial Design	Tuesday 22 September	Interior Design	Wednesday 23 September
Multimedia Design	Thursday 24 September	Film and TV	Friday 25 September

**info:** [www.swinburne.edu.au/design](http://www.swinburne.edu.au/design)

## DISCOVER DEAKIN

This Deakin holiday program provides the chance to get an inside look at Deakin University and what it offers - go on a tour, find out about courses, meet current students, see accommodation and learn about transition to university.

[www.deakin.edu.au/discover](http://www.deakin.edu.au/discover)

## TALK AND TOUR LA TROBE

This is an opportunity to get to know La Trobe's Bundoora campus and see what it has to offer. Talk to faculty representatives and current students, go on a tour, hear about courses and have morning tea. **When:** Thursday 24 September.

[www.latrobe.edu.au/study/events](http://www.latrobe.edu.au/study/events)

## EXPOS AT VICTORIA UNIVERSITY

Victoria University is holding an Expo for Creative Industries (Graphic Design, Multimedia and Games, Music, Professional Writing, Visual Arts, Theatre Arts) 10am—3pm, Sunday 13 September at the City Flinders Street Campus. There will be a further expo covering Animal Studies, Veterinary Nursing, Children's and Community Services, Tourism and Events 10am-3pm, Sunday 13 September at the Werribee Campus. [www.vu.edu.au/visitvu](http://www.vu.edu.au/visitvu)

## QANTAS APPRENTICESHIPS

Qantas Engineering offers a variety of apprenticeships to enable people to train and become qualified tradespeople within the aircraft industry. You must have at least Year 10 with passes in Maths, Science and English. Several trade streams are available such as avionics, mechanical and structures. **Expressions of interest and applications** [www.careers.qantas.com.au](http://www.careers.qantas.com.au)

## MECHATRONICS

Year 11 and 12 students can experience cutting edge mechatronics technology by participating in the following: temperature control experiments, Robotino wireless programs, Mitsubishi robot pick and place and SAGE industry demonstration of targeted technology introduction modules. **When:** 10am-3pm, Friday 25 September **Where:** RMIT's Bundoora Campus (Plenty Road) **Cost:** Free (includes lunch); **Book** [www.rmit.edu.au/aero-mech](http://www.rmit.edu.au/aero-mech) **Info:** Tim Peters 9925 6167 or [timothy.peters@rmit.edu.au](mailto:timothy.peters@rmit.edu.au)

## NIDA in Bendigo

NIDA will be holding short courses in Bendigo during the September holidays. These courses will range from two day intensive to weeklong programs for adults (16yrs+) and young people (12yrs+). Full program details and online bookings [www.nida.edu.au](http://www.nida.edu.au)

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## PARENT TEACHER INTERVIEWS

**Term 3 Interim Reports** for students in Years 5 – 10 will be sent home with students on Tuesday 15 September. Year 11 students will receive **full written reports** for End of Preliminary on Friday October 16. At the time of the interviews, exams will be marked, so parents, students and teachers will have all the information and results required to discuss which subject may be dropped for Year 12.

**Parent – Student – Teacher – Interviews** are being on Thursday 17 September (Years 8, 9, 10) and Thursday 8 October (Years 5, 6, 7 and 1). Interviews are to be 5 minutes duration per teacher, where that teacher has students for one subject only and 10 minutes for the others. Students are encouraged to attend, but must wear school uniform if they do.

**This year we are trialling an online booking service which parents may access from our website.**

Please note parent access to these bookings closes at 4pm on the day prior to the interviews.

[http://www.moamagrammar.nsw.edu.au/curriculum/reporting\\_to\\_parents](http://www.moamagrammar.nsw.edu.au/curriculum/reporting_to_parents)

If you require assistance with booking your interviews please contact Reception.

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## BLAZERS FOR 2010—YEARS 9 -12

As announced at year level information nights earlier in the year, blazers will be worn by all senior students (Yrs 9 -12) in 2010. Orders forms will be sent home soon.

For students who already have a blazer that may be too small, this is an ideal time to upsize by arranging the sale of your blazers to another student and purchasing a larger one.

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## Festa Italiana

### VOLUNTEERS REQUIRED

Our major event for the year is almost upon us!! Organisation of the Festa, to be held on Sunday 18 October from 11 – 4pm, are coming together well. It should be a great day for all of our school families and the wider community. Our advertising campaign has been boosted this year so we are expecting a much bigger crowd.

Many of our students will be involved on the day in either performing on stage or helping with many of the other activities that are planned.

To help make the day a success, **parent volunteers** are also required to help with the following jobs:

- BBQ and Beer Tent (especially anyone with a NSW RSA)
- Selling Wine Glasses and Raffle Tickets
- Setting up tables & chairs etc, Packing Up
- Mask Making Activity

**Please contact reception if you are able to help.**



# SPORTS REPORT

Friday 11th September



Last Monday saw 32 of our students compete in the Zone Athletics in Shepparton. The blustery conditions did not help the athletes, especially the headwind down the home strait. None the less we saw some outstanding performances. All our team should be congratulated on the way they conducted themselves both on and off the track and field. It was pleasing to see the interaction between all year levels and with students from other schools. To win an Age Championship at this level is an outstanding achievement. We were pleased to see both **Courtney Schultz** and **Ashlea Monigatti** take out the 13 and under and 16 and under respectively. In the 16 and under we placed first and second with **Britenie Power** finishing a point behind Ash. Well done girls. It was also great to see a couple of records be broken by our students. **Ash Monigatti** broke the 16 and Under Triple Jump and **Ben Pearson** broke a 29 year old 400m record in the 16 and Under Boys. Ash Monigatti was also belatedly awarded equal age group champion for the OMISSA Athletics carnival which was great to see.

Good Luck to our athletes that now go on to Sydney to compete at the CIS Athletics. We have **Bek Lock** competing next week in the Primary Championships and **Ben Pearson, Courtney Schultz** and **Lloyd Woolman** competing in the secondary in the first week of the holidays.



# UNIFORM NEWS

Uniform Shop hours of operation:

TUESDAY 8:45—9:15 AM and THURSDAY 2:45—3:15 PM

Thanks to these volunteers who will operate our shop on

**Tues 15 September** — Marlene Stapleton and Deb Furphy **Thurs 17 September** — Michele Perry and Kaye Sutton

**SECONDHAND UNIFORMS?** Please email or deliver the details of any second-hand items you may wish to sell to the school office by Wednesday 4pm in order to be included in the newsletter. Please advise also, when you wish the item to be deleted!

## FOR SALE - SECOND HAND UNIFORMS

- Size 10 boys trousers ; Size 9 boys trousers  
Please contact Sally—0418 551 941 or 5480 2428
- 1 pair boys trousers, size 16 \$10; 2 size 16 l/sleeve shirts \$10.00ea  
Please contact Viv—0437 520 528
- L/S Shirt Size 12 x 2 \$10 each
- L/S Shirt Size 14 \$15
- S/S Shirt Size 12 x 2 \$5 each
- Sports Shirt Size 12 \$5
- Formal Shorts Size 12 x 2 \$15 each
- Formal Pants Size 12 x 2 \$20 each
- Jumper Size 12 \$30  
Please contact Jodi - 0438 686662

- GIRLS WINTER BLAZER Size 14 \$140.00
- WHITE L/S SHIRT Size 14 \$ 15.00
- WOOLEN JUMPER Size 14 \$ 40.00
- TIE \$ 10.00
- KILT Size 14 \$ 50.00
- BACK PACK (INCL.SPORT BAG) \$ 50.00
- 2 X SUMMER DRESSES(\$50ea) 14 \$100.00
- FORMAL HAT (57) \$ 30.00
- SPORTS POLO Size 14 \$ 15.00
- SPORTS WINDCHEATER Size 14 \$ 20.00
- SPORTS LONG PANTS Size 14 \$ 20.00
- SPORTS SHORTS Size 16 \$ 10.00
- SPORTS HAT (M/L) \$ 10.00

Please contact Sally— 0428 348 544

## HOLIDAY ACTIVITY IDEAS (YEARS 7 – 10)

Want something interesting and exciting to do in the school holidays? Do you have an interest in film-making? The Robin Anderson Film Awards is open to students from Years 7 – 10 and offers some great prizes including a Digital Video Camera worth \$2000. Entry forms are available from Miss Mason. Your finished short film is due on the last Friday of the school holidays.

## YEAR 9M - ENGLISH ACTIVITIES "A MIDSUMMER NIGHT'S DREAM"

Here are a few photos of the Year 9M English class performing the Shakespeare play "A Midsummer Night's Dream".



# COMMUNITY BILLBOARD

## ECHUCA SOUTH CRICKET CLUB

### JUNIOR REGISTRATION DAY

The Echuca South Cricket Club will be holding a junior registration day

**When:** Sunday 13 September

**Time:** 10am-12pm

**Where:** Echuca South ground

**Who:** U16, U14 & U12 teams (for 2 teams of each)

**What:** Registration & hit in the nets

Milo cricket registration will be held at a later date.

All past and new players are welcome. Parents also welcome—please register your interest as a helper.

For further enquiries contact:

David Wilson (U16's) on 5482 2777 mob 0418 575 635

Craig Dyson (U14's) on 5482 1249, 0419 576 491

Bernie McGrath (U12's) on 5482 6762

## MOAMA CRICKET CLUB

### Registration Day

Moama Cricket Club will hold a Registration Day for Milo IN2 Cricket, U12's, U14's and U16's players.

All existing and new players welcome.

**Date:** Wednesday 16 September 2009

**Time:** 4.30 pm – 6.30 pm

**Venue:** Moama Cricket Club [near the nets]

**Contacts:** Gary Langdon 0407 658 563

Paula Murphy 5480 9151 [after hours]

OR by email [ripit.shredding@bigpond.com](mailto:ripit.shredding@bigpond.com)

## MOAMA ECHUCA COMMUNITY SKATE PARK

Committee are hosting a movie night premiering the animated comedy **"G FORCE" rated G**. A fun night for the family. Tickets \$17 adults, \$15 Children.

Thursday 17 September, 6.30pm for supper prior to movie starting at 7pm.

For tickets contact **MAREE 0408 581 841** or available on the night.

## Saturday morning TENNIS COACHING

With Andrew Crossman

(TA Certified Club Professional Coach)

at Echuca Lawn Tennis Club

Commencing Saturday 10 October

Each Saturday morning 9.00am, 9.45am & 10.30am For school age children, \$5 each week For all enquiries, please call Andrew Crossman on 5480 9690

## ECHUCA WAR MEMORIAL AQUATIC OPEN DAY (YMCA)

**WHEN:** Sunday 13 September

**WHO:** Your entire family

**ENTRY:** Free

**WHAT:** Fun family activities, tours of the Facility (including the recently refurbished health club), free health tests & mega group fitness launches. Kids Activities: Including gymnastics, water aerobics, free swimming, inflatable fun & face painting.

The day will also feature a sausage sizzle with all funds going to the Children's Services fund.

Free give-aways are available to all who attend.

More info: [www.greatermurray.ymca.org.au](http://www.greatermurray.ymca.org.au) or 5480 2994

## TERM 4 Tuesday 6 October – Friday 11 December

OCT	Mon 5	Staff Day – pupil free
	Tue 6	Commencement Higher School Certificate
	Tue 6	Term 4 commences for all students
	Tue 6-Thu 8	Elmore Field Days (School represented)
	Thu 8	Parent-Teacher Interviews – Year 5, 6, 7
	Thu 8-Fri 9	School Certificate Trial Exam
	Wed 14	OMISSA Junior Sum Sports – Yrs 7 & 8 Shep
	Thu 15	Springtime Concert, Comfort Resort 7:30pm
	Sun 18	Festa Italiana
	Mon 19-Fri 23	Year 8 Camp – Grampians
	Wed 28	Beacon Big Day In Fonterra Centre
	Fri 30	OMISSA Summer Sports – Yrs 7-9 Wodonga
NOV	Mon 2	Exeat Holiday
	Tues 3	Exeat Holiday
	Mon 9-Tue 10	School Certificate Exams – Year 10
	11-13	EXAMS Yrs 7-10
	Mon 16-Fri 20	Work Experience – Year 10
	Fri 20	Year 6 Celebration Dinner RRG C Tatalia Room 1
DEC	Mon 7	Christmas Service 1.30-2.30pm
	Tue 8	Orientation Day
	Wed 9	Year 10 Celebration Dinner – Radcliffes
	Thurs 10	Whole School Celebration Day
	Fri 11	Last day of Term 4 – 3.05pm
	Fri 11	Presentation Evening – Fonterra Centre 7.30pm
	Mon 14	Staff Day
	Tues 15	Staff Day
	Wed 16	Staff Lunch
	Wed 16	Office Closed for Christmas Vacation 12 noon

## ECHUCA BASKETBALL ASSOCIATION

Summer Basketball Season

Registrations now being accepted for 2009/10 junior & senior summer basketball competitions.

Junior boys and girls under 10s, 12s, 14, 16s and 18s

Senior men and women competitions A, B and C Grades

For more details please call the Echuca Basketball Association on 54806903 or download forms at [www.echuca.basketball.net.au](http://www.echuca.basketball.net.au)



## ECHUCA MOAMA LITTLE ATHLETICS SEASON 2009/10 for all budding Athletes (5-16 years)

Registration Day: 12 September at McDonalds Echuca (between 9am—12pm)

Season begins 3 October 2009 breaking during Christmas Holidays and ending 13 March 2010.

For Further information contact

Neville Dehne: 0417 220 774

Tim Dawes: 0428 503 407

Julie Morphet: 0419 323 905

For all New Participants a Two Week Trial period is available.