

Weekly Newsletter



Volume 6, Issue 32

Week ending
23 October 2009

DATES FOR YOUR DIARY

OCT- Wed 28	Beacon Big Day In Fonterra Centre
Thurs 29	Springtime Concert II (Comfort Resort - 7.30pm)
Fri 30	OMISSA Summer Sports - Yrs 7-9 Wodonga
NOV— Mon 2	Exeat Holiday
Tues 3	Exeat Holiday
Mon 9- Tue 10	School Certificate Ex- ams - Year 10
11-13	EXAMS Yrs 7-10

FROM THE PRINCIPAL

Festa Italia

Sunday 18 October was a beautiful, fine day and we all knew when we woke up that our second "Festa" was off to a much better start than our first one, in 2007, when the temperature was already over 30 while we were setting up. Despite the heat everyone had been very positive about that day, so all Festa Committee knew that this one would be an even greater success, and it was.

Many months of planning had gone into this event and it was wonderful to see so many people come along to help with the setting up. With the Under Cover Area as the focal point for our stalls and musical entertainment there was a great atmosphere of excitement as people started to arrive. There was a steady stream of people all day, ranging from school families, relatives and friends to visitors to the area who had seen our publicity material.

The main band was a group called "Continental Drift" and they entertained everyone throughout the day. They were supported by our Year 5 and 6 students who danced the tarantella and the chicken dance. Our Moama Anglican Grammar School Band played several brackets and various student soloists, duos and the like entertained us as well.

With mask making, short plays, bocce, soccer, face painting and our very own box car "Grand Prix" and lots of food and drink stalls, the day was a "Party for All Ages". Thank you everyone on the Committee who did so much in the lead up as well as on the day and everyone who helped on Sunday. Thanks to our students who dressed in costume and added to the atmosphere. Well done to all our dancers, singers and musicians.

Year 8 Camp

This week our Year 8 students went on an outdoor education camp to the Grampians. This is a challenging camp as students have to sleep in tents, cook their own food and miss out on regular showers and regular toilets. They are stretched further by the hiking, climbing, riding and canoeing and return with a great sense of achievement. Thanks to the staff for giving so much of their time too in making our camping program possible.

Andrew P Pullar

Festa Italiana SUCCESS

Last Sunday we held our second Festa Italiana which was a great day for all involved. Not only did we enjoy beautiful weather, fine music and entertainment, we welcomed a fantastic crowd who contributed to the success of this event.

A big thank you to all staff who helped prior to, during or after the FESTA. Overall I think it was a success both financially and in terms of our connection with the local community and a chance for the kids to use and experience Italian culture and language. Hopefully everyone that attended enjoyed themselves.



2010 TERM 1 FEES

Invoices have been recently mailed out. A reminder that fees will be due on or before 31 October 2009.

BE GREEN, READ FROM THE SCREEN!

Festa Italiana



MASK MAKING

The mask making activity was a huge success. If you, your brother, sister or friend left your mask behind please collect it from Reception!



BEACON NEWS



The year is quickly drawing to a close for the year 10 Beacon Program with the last event, "Big Day in" happening on Wednesday 28 October from 11.00pm -2.30pm.

All year 9 students need to be notified that next week, nominations will be open for Beacon Leaders/Ambassadors for 2010. Those wishing to nominate need to see Mrs Harrison and also ask one of the current year 10 Beacon Ambassadors what is involved. Jack Carey, Aimee Connally and Jayme Lowndes.

Susan Harrison
Careers Advisor

YEAR 5 FIRE SERVICE VISIT

Last week the Year 5 class had a visit from the local Fire Brigade. They discussed fire safety, the upcoming fire season and the potential threats we face during Summer. They had a fun-filled session that included hands-on practice as a fire-fighter.



SPORTS REPORT

Although we don't yet have a full report on the OMISSA Junior Summer Sports that was held in Yarrawonga last week, it was a successful day for our School and more information will be provided in next week's Newsletter. We do, however, have some notable achievements for some of our students:

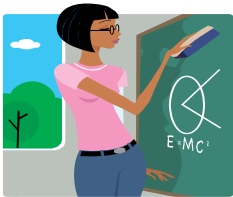
- Latisha Painter of Year 6 has been named the Junior Sportstar for the month of September for her achievements in tumbling;
- Catherine Nesbitt also of Year 6 competed and won the Girls 12 and Under Singles Section at the Victorian Country Tennis Association Squad Masters Tournament recently;
- Rebecca Wright of Year 10 has been selected in the State Team for Golf

Congratulations to these girls for their fantastic personal achievements.

Next week a selection of Year 7-9 students will travel to Wodonga for the OMISSA Summer Sports. Permission notes will be issued today for this event, which we ask to be returned early next week.

If your child has made a notable sporting achievement, we would love to hear about their success and publish it in our Newsletter. Please send all information to keddy@moamagrammar.nsw.edu.au.

MATHS CORNER



Maths Room 13 is open on Monday lunchtimes this term for any student who would like to bring their Maths to work on. BYO lunch. I will be present and available for those who might need assistance with their Maths.

QUOTE OF THE WEEK: "If there is a problem you can't solve, then there is an easier problem you can't solve: find it." *George Polya*

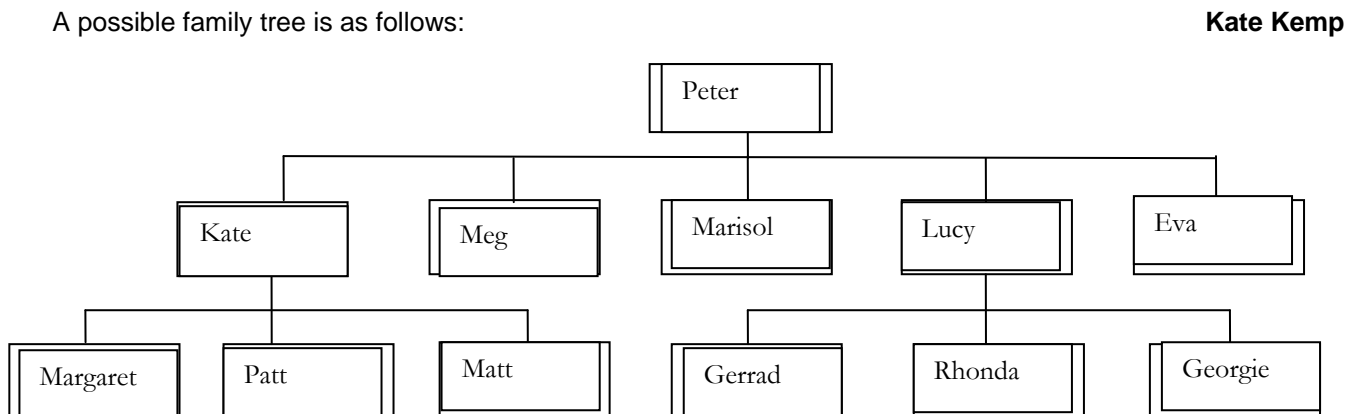
DID YOU KNOW?: A cow gives nearly 200,000 glasses of milk in her lifetime.

PROBLEM OF THE WEEK: A light year is the distance that a ray of light would travel in one year in empty space. How far is it in metres?

SOLUTION TO LAST WEEK'S PROBLEM OF THE WEEK:

Margaret has twin brothers, Pat and Matt, a grandfather Peter, and two aunts Marisol and Eva. Peter had five children, only two of whom were boys, Mark and Luke and only two of whom were married. Margarets cousin, Gerrads father, is Mark. Rhonda's mothers name is Lucy, her sister's name is Georgie and one of her aunts is named Meg. Matt's mothers name is Kate.

A possible family tree is as follows:



SPRINGTIME CONCERT

A full report of our recent Springtime Concert will appear in next week's Newsletter. The good news is that we will be hosting a second Concert.

Next Thursday 29 October, the Comfort Resort in Moama will be hosting a second young performers' concert as part of our Springtime Concert series. Highlights of the night will include our School Band in their second public performance for this year, and many more of our talented soloists. So for those who missed out on our first concert, please mark this down on your calendar. I look forward to seeing you there!

All students currently learning a musical instrument or voice are invited to audition for our next concert. Auditions will be held on Monday and Tuesday of next week in Room 9 at lunchtime. A schedule will be posted on the door and students are invited to indicate their preferred audition time. I encourage all eligible students to attend!

Monique Fruewirth

PUBLIC SPEAKING

Christian Burgess (9M), Rhiannon Morgan (9M), Carter McSwain (9Y) and James Tucker (9Y) were asked to respond to a range of questions when they participated in the Debaters Association of Victoria Junior Public Speaking Competition in Kyabram on Tuesday afternoon. All students were required to present a prepared 5 minute speech on a topic of their choice, followed by a 2 – 3 minute impromptu speech on a new topic with only 5 minutes preparation time. Our students presented themselves extremely confidently and approached the challenges of both prepared and impromptu speaking with a fantastic attitude! Congratulations to Carter McSwain on being awarded second place in the regional competition. Carter is now awaiting confirmation of a wild card entry into the next level of the competition to be held next month in Melbourne. All students deserve recognition for their hard work and their sacrifice of many lunchtimes in the lead up to this event! It was a privilege to accompany them on the day.

Carlie Mason



STUDENT WELLBEING

This week I am thrilled to have been invited by Mrs Pullar to work with her Grade 6 class on some strategies for Problem-Solving. Interestingly, while I was deciding what we would do together, an article by Michael Grose 'Choices, Responsibility & Character' appeared on his *Happy Kids* online newsletter. I think it is an excellent read and it complements our 5 problem solving questions and our 1 self-evaluation question (which I call 'the little man question') which go like this:

When I have a problem, I can use the 5 problem solving questions to help me to sort it out:

- What do I want?
- What am I doing to get what I want?
- Is it working?
- What else can I do?
- What's my plan?

And to make sure that the choice(s) that I decide on are going to be helpful ones, I can ask 'the little man' question:

- Does what I do help or create problems for me? (Or, If I say this or do this will it help or create more problems for me?)

Naturally, if my plan is going to create more problems for me...I can CHOOSE to do something else! It is up to me!!!

Note: If you are not familiar with the plethora of valuable information via psychologist Michael Grose's website www.parentingideas.com.au, then I advise you to check it out! You will find some fabulous parenting articles on this site and can subscribe to his free parenting newsletter - as I do!

Libby Barnes
Wellbeing Coordinator

Choices, Responsibility & Character

"It's not my fault. He made me do it!"

Ever had a child say this to you when they've done the wrong thing?

The default mechanism for many kids is to deflect responsibility away from themselves. 'I'm not to blame' becomes a mantra ...**that stays for life!**

Adults do it as well. Things go wrong and we often look for something or someone else to blame. We become short-tempered with our kids, and we put it down to the stress of parenting, or blame the hard day at work. That excuses us ...well not entirely. We may get a ticket for speeding and we automatically blame the other cars around us for going at that same speed. So it becomes the fault of 'others', not us. There are many ways we deflect responsibility away from our behaviour. And it's not smart!

One of the most powerful notions to get across to kids is that **they have a choice about how they think, act and behave!** Situations maybe difficult but they are rarely victims of circumstance. Making choices is about taking responsibility. It is the mature thing to do. They don't have to be adults to show this maturity. Blame or deflection negates choice. **Challenge kids when they say 'I had no choice'. There's always a choice. It's just that some choices are harder to make than others.**

Here are some choices that face many kids:

They can choose whether to put on their happy face or their grumpy face each morning.
They can choose to fight with a sibling or they can walk away and go to their bedroom.
They can choose to do their homework or watch television.
They can choose to drink alcohol when their friends do or they can say no to drinking.
Some of these choices are hard, no doubt. But they are choices, nonetheless.

Character is developed when kids make hard choices. Resilience is encouraged when kids exercise choice as they show they are in charge of their behaviour. Confidence is boosted as difficult choices take them into new ground and make them feel uncomfortable, but they grow through these choices.

Don't let your kids deflect responsibility or blame others. **Remind them constantly that they have a choice about how they respond to others or their circumstances.** The exercise of choice is long term strategy, but it's a big one.

You can start by making sure you take responsibility for your behaviours. Start today.....even if you don't feel good. There are no excuses. That's what taking responsibility is about!

Michael Grose: Happy Kids Parenting Ideas
newsletter@parentingideas.com.au

COMMUNITY BILLBOARD CONTINUED

YOU'RE INVITED TO THE FIRST ANNUAL CONNECT WOMENS CONFERENCE

The invitation is open to women 16 years onwards to spend a day with ALKI—singer, communicator and writer. Sharing her faith and connecting women to God and each other.

When: 31 October 2009
Time: Registration 9am, Conference 9.30am-4pm
Where: Echuca Workers & Services Club (Annesley Street)
Cost: \$30.00
RSVP: Anna Nunnan—0402 401 330 or
 Email: connectechuca@gmail.com



ECHUCA MUSICAL THEATRE COMPANY YOUTH PRESENTS

When: Saturday 31 October
Time: 11am and 12.30pm
Where: Echuca Paramount Theatre
Tickets available from the Paramount Theatre.

When: Sunday 1 November
Time: 2.30pm
Where: CVCC Hall, Rochester
For tickets call:
 Lorell on 5484 2559 or Ange on 5484 1242

UNIFORM NEWS

Uniform Shop hours of operation: TUESDAY 8:45—9:15 AM and THURSDAY 2:45—3:15 PM

Thanks to these volunteers who will operate our shop on
Tues 27 October — Louise Smith and Rosie Devlin **Thurs 29 October** — Michele Perry and Kaye Sutton

PARENTS & STUDENTS please note that **Sports Hats** are available from the Accounts Office for \$15.00 each at any time

SECONDHAND UNIFORMS? Please email or deliver the details of any second-hand items you may wish to sell to the school office by Wednesday 4pm in order to be included in the newsletter. Please advise also, when you wish the item to be deleted!

FOR SALE - SECOND HAND UNIFORMS

- Size 10 boys trousers ; Size 9 boys trousers
Please contact Sally—0418 551 941 or 5480 2428
- 1 pair boys trousers, size 16 \$10; 2 size 16 l/sleeve shirts \$10.00ea
Please contact Viv—0437 520 528
- WHITE L/S SHIRT Size 14 \$ 15.00
- KILT Size 14 \$ 50.00
- SPORTS WINDCHEATER Size 14 \$ 20.00
- SPORTS LONG PANTS Size 14 \$ 20.00
Please contact Sally— 0428 348 544
- 2 x Mens Formal Shorts Size 5 \$10.00 each
- 2 x L/S Shirts Size 18 \$10.00 each

- 1 x Sports Shorts Large \$8.00
- 1 x Sports Polar Fleece Size 14 \$10.00
- 1 x Red Jumper Size 16 \$20.00

Please contact Kylie 0417 800055

- 2 x Shirts Size 20
- 1 x Dress Size 22
- 1 x Winter Kilt Size 22
- 1 Tie
- 1 Blazer

Please contact Wayne for more information 0419 161 873

- 3 x boys formal trousers. Size 12 \$15 each.

Please contact Nat - 0418 598 743

WANTED TO BUY: Any girls uniform (summer and winter) items **Size 12** for next year Summer and Winter (no jumper needed). Boys Formal Shorts Size 14 needed also. Phone Odelia—0400 872 911

BLAZERS FOR 2010—YEARS 9 -12



As announced at year level information nights earlier in the year, blazers will be worn by all senior students (Yrs 9 -12) in 2010. For those who have already returned their orders your Blazers will be available prior to the commencement of Term 1 in 2010. ‘

If you have not returned your order, please do so as soon as possible to ensure your Blazer will be included in the next delivery, which is expected to be in February 2010 (or possibly March).

COMMUNITY BILLBOARD



YOU COULD LEARN A LOT FROM AN INTERNATIONAL BROTHER OR SISTER!

**climate change? further education?
cultural differences? language?
study habits? careers?**

AND WHAT FUN TEACHING HIM/HER ABOUT AUSTRALIAN CULTURE.

Carefully selected students will arrive February 2010 for 5 months from Europe, Japan and the U.S.A. They will attend local secondary school, are fully insured and have their own spending money.

CONTACT :

1800 500 501

email :

scceaust@scce.com.au

www.scce.com.au



Free, fun & friendly program to help kids get fitter, healthier & happier!

Do you have children 7 to 13 years old?

Are you worried they might be above their most comfortable and healthy weight?

The MEND Program helps overweight children get healthy and fit in only 10 weeks - and helps them stay that way!

Call us on 1300 595 382 to join!

Starts Jan 2010 Moama (but join now) – local families all welcome!

Or find out more information and register online at

www.mendprogramme.org



There are two after-school sessions a week, each lasting two hours. Children and parent/s go to MEND together.

Highlights include:

Weekly games & activities for kids.

Fun, interactive discussions to teach you easy, effective ways to improve your child's behaviour and self-confidence.

Practical demonstrations, games and tips about healthy foods, label reading and portion sizes.

Fun supermarket tour and a chance to try delicious new foods!

The NSW Parenting Program uses the resources of MEND Pty Ltd. The Program will be run and supervised by qualified trainers. MEND is both evidence-based and outcome-driven, and is currently being researched in the form of a Randomised Control Trial at the Institute of Child Health

Diary Dates—also available at www.moamagrammar.nsw.edu.au

TERM 4 Tuesday 6 October – Friday 11 December		
OCT	Wed 28	Beacon Big Day In Fonterra Centre
	Thurs 29	Springtime Concert II (Comfort Resort - 7.30pm)
	Fri 30	OMISSA Summer Sports – Yrs 7-9 Wodonga
NOV	Mon 2	Exeat Holiday
	Tues 3	Exeat Holiday
	Mon 9-Tue 10	School Certificate Exams – Year 10
	11-13	EXAMS Yrs 7-10
	Mon 16-Fri 20	Work Experience – Year 10
	Fri 20	Year 6 Celebration Dinner RRCG Tatalia Room 1
DEC	Mon 7	Christmas Service 1.30-2.30pm
	Tue 8	Orientation Day
	Wed 9	Year 10 Celebration Dinner – Radcliffes
	Thurs 10	Whole School Celebration Day
	Fri 11	Last day of Term 4 – 3.05pm
	Fri 11	Presentation Evening – Fonterra Centre 7.30pm
	Mon 14	Staff Day
	Tues 15	Staff Day
	Wed 16	Staff Lunch
	Wed 16	Office Closed for Christmas Vacation 12 noon

EAST TIMOR FUNDRAISER

Screening of “BALIBO” Rated M

Wed. Oct. 28th 6pm supper for 6.45pm guest speaker, & 7pm movie at The Paramount Cinema

Come along to this remarkable movie about 5 Australian journalists who went missing during the Indonesian invasion of 1975 & the determination of one man to uncover the truth.

Starring **ANTHONY LAPAGLIA**

Tickets \$15

from Johanna 0418599210

TERM DATES - 2010 (subject to confirmation)

Term 1	Monday 1 February - Friday 26 March Labour Day Public Holiday is March 8 Good Friday is April 2
Term 2	Tuesday 13 April – Friday 25 June Anzac Day Public Holiday is April 26 Queens Birthday Public Holiday is June 14
Term 3	Tuesday 13 July –Friday 10 September
Term 4	Tuesday 5 October – Friday 10 December Exeat Holiday is 1 & 2 November