

# NUTRITION & DIETETICS

Undergraduate & graduate courses

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# INTRODUCTION

This document has been developed to assist domestic Year 12 students and their families in researching nutrition and dietetics courses in Victoria. Please use entry requirements and indicative ATARs listed in this document as a guide only and check university websites for updates.



## Indicative ATAR

The lowest selection rank (ATAR plus adjustment factors such as academic and equity adjustments) for the 2021 January intake. Please use indicative ATARs as a guide as they may change for future intakes.



## English prerequisite

EAL = English as an Additional Language. 'Any other English' includes English, English Language and Literature.



## Undergraduate

This is usually your first course at university. For example - bachelor's degree.



## Graduate

This is study you do once you have graduated from a bachelor's degree. For example - Graduate Diploma.

## Disclaimer

Information taken from university websites and VTAC.

Universities featured in this guide reserve the right to change course information, admissions and entry requirements at any time and without notice.

For up-to-date information, check the university websites when assessing course information.

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Note: Monash University has requested to not be included in this brochure.



## NUTRITION

University	Course	Campus	Indicative ATAR
Victoria University	Bachelor of Human Nutrition	Footscray Park	N/A
Deakin University	Bachelor of Nutrition Science	Melbourne Burwood	65.00
	Bachelor of Nutrition Science (Dietetics Pathway)	Melbourne Burwood	87.55
	Bachelor of Nutrition Science / Bachelor of Exercise and Sport Science	Melbourne Burwood	75.20
		Geelong Waurin Ponds	69.40
	Bachelor of Nutrition Science / Bachelor of Commerce	Melbourne Burwood	81.15
La Trobe University	Bachelor of Nutrition Science	Melbourne	66.55
	Bachelor of Nutrition Science and Master of Dietetic Practice (Course Package)	Melbourne	84.70
	Bachelor of Food and Nutrition	Online	Not published
Australian Catholic University	Bachelor of Nutrition Science	Melbourne	58.50
	Bachelor of Nutrition Science / Bachelor of Exercise and Sports Science	Melbourne	58.50
	Bachelor of Nutrition Science / Bachelor of Business Administration	Melbourne	58.50
RMIT University	Bachelor of Science (Food Technology and Nutrition)	Melbourne City / Bundoora	63.45
	Bachelor of Science (Dean's Scholar) (Honours)	Melbourne City	Not published
University of Melbourne	Bachelor of Science	Parkville	85
	Bachelor of Biomedicine		92
Swinburne University	Bachelor of Health Sciences	Hawthorn	60
	Bachelor of Health Sciences (Professional)		80
Torrens University	Bachelor of Nutrition	Online	Not applicable
	Bachelor of Health Science (Clinical Nutrition)	Melbourne	Not applicable
Endeavour College of Natural Therapies	Bachelor of Health Science (Nutritional and Dietetic Medicine)	Melbourne	Not applicable

## DIETETICS

University	Course	Campus	Indicative ATAR
La Trobe University	Bachelor of Nutrition Science / Master of Dietetic Practice (Course Package)	Melbourne	84.70
	Master of Dietetics	Melbourne	Graduate Entry
Deakin University	Master of Dietetics	Melbourne	Graduate entry
Swinburne University	Master of Dietetics	Hawthorn	Graduate entry



# NUTRITION



Nutritionists integrate, disseminate and apply knowledge drawn from the relevant sciences to enhance positive effects of food on the health and well-being of human populations.

Nutritionists are not qualified to give medical nutrition therapy, that is the role of dietitians.

Careers in Nutrition,  
<https://nsa.asn.au>

## VICTORIA UNIVERSITY

[www.vu.edu.au](http://www.vu.edu.au)

### Undergraduate program

#### Bachelor of Human Nutrition

The Bachelor of Human Nutrition commences with a broad discipline base of 8 core units in nutrition, food and related sciences.

In your second and third year you'll progress to more targeted study, acquiring further specialist knowledge and skills, by choosing a specialisation from the following:

Biomedical Nutrition (minor)  
Public Health Nutrition (minor)  
Exercise and Nutrition (minor).

This will allow you to broaden and enrich your learning, diversifying employment opportunities, and enabling you to successfully compete in professional settings within the community nutrition and public health sector

#### Post graduate study

**Master of Teaching:** to work as a science teacher (take the Analytical Chemistry minor).

**Master of Public Health (Global Nutrition and Active Living):** to work in international aid and development programs (take the Public Health Nutrition minor).

**Post-graduate dietetics programs:** to work as a dietitian (take the Biomedical Nutrition Minor) and refer to the individual university entry requirements.

### Graduate program

#### Master of Public Health (Global Nutrition and Active Living).

Applicants will need to complete a Bachelor degree first.

Uniquely, this course focuses on both global nutrition and active living in diverse communities, from both an Australian and international perspective.

You'll develop the specialist knowledge and skills that the global marketplace demands, for a challenging but rewarding career in public health, emergencies and development.

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Human Nutrition	Minimum study scores of: 25 in English (EAL) or 20 in any other English; and 20 in one of Biology, Chemistry, Health & Human Development, any Mathematics, or Physical Education.	Footscray Park	ATAR wasn't used for the 2021 intake.
Master of Public Health (Global Nutrition and Active Living)	Detailed selection criteria, <a href="https://bit.ly/2xp8v20">https://bit.ly/2xp8v20</a>	St Albans	Graduate entry

Intrigued about the scientific links between food, nutrition, human health and disease prevention? Whether it's sports nutrition or health sciences you're interested in, turn your curiosity into a career with an industry-leading qualification from Deakin.

Our ground-breaking research feeds directly into the development of our courses, cementing our reputation as true leaders in this space.

Combined with extensive fieldwork and placement opportunities, you'll graduate highly skilled and work-ready.

## Undergraduate entry

There are several undergraduate programs available at Deakin.

### Bachelor of Nutrition Science

Graduates of this course are eligible to apply to become a Registered Associate Nutritionist with:

- Nutrition Society of Australia (NAA)
- Hong Kong Nutrition Association
- UK Association for Nutrition

The course also provides a pathway into the Master of Dietetics.

### Bachelor of Nutrition Science (Dietetics Pathway)

Graduates of this course are guaranteed entry into the Master of Dietetics at Deakin, providing academic prerequisites are met.

The other undergraduate courses aren't accredited, but with careful planning and graduate study, may lead to registration with NAA and a pathway into the Master of Dietetics.

Students can major in nutrition within the following Bachelor degrees:

- Exercise and Sport Science
- Health Science
- Public Health and Health Promotion

Applicants can combine the Bachelor of Nutrition Science with one of the following Bachelor degrees:

- Exercise and Sports Science
- Exercise and Sports Science (Regional & Remote)
- Commerce

## Graduate entry

Applicants will need to complete a Bachelor degree first. There are several accredited graduate nutrition degrees at Deakin University.

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Nutrition Science	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne Burwood	65.00
Bachelor of Nutrition Science (Dietetics Pathway)	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne Burwood	87.55
Bachelor of Nutrition Science / Bachelor of Exercise and Sport Science	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne Burwood Geelong Wairn Ponds	75.20 69.30
Bachelor of Nutrition Science / Bachelor of Commerce	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne Burwood	81.15





## LA TROBE UNIVERSITY

[www.latrobe.edu.au](http://www.latrobe.edu.au)

Nutritionists help translate nutrition science to the lay public and advise the community about good food choices for healthy eating.

To do this, nutritionists consider the nutritive value of foods, the nutrients bodies need at different stages of development, and the role nutrients and diet play in health promotion and disease prevention.

Nutritionists also work in research: for example, developing new food products, or examining the relationships between nutrients or dietary patterns and disease.

### Course option 1

The **Bachelor of Human Nutrition** aims to give you a thorough understanding of human nutrition, preparing you for a range of careers in the promotion of nutrition and health at individual and community levels.

Over three years, you will study the value of food and the importance of making the right food choices through food chemistry and nutritional bioscience studies.

### Course option 2

#### **Bachelor of Human Nutrition and Master of Dietetic Practice (Course Package)**

See the La Trobe entry in the Dietetics section of this document.

### Course option 3

The **Bachelor of Food and Nutrition** is delivered online in partnership with Open Universities Australia.

#### Professional accreditation

Graduates of the three degrees may be eligible to apply for registration with the Nutrition Society of Australia as an Associate Nutritionist and can apply for the Master of Dietetic Practice.

#### Admission pathways

Includes information on the Aspire Early Admissions Program, <https://bit.ly/2UPULoZ>

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Human Nutrition	Minimum study score of 25 in English (EAL) or 20 in any other English.	Melbourne	66.55
Bachelor of Food and Nutrition	Minimum study score of 25 in English (EAL) or 20 in any other English.	Online	Not published

## AUSTRALIAN CATHOLIC UNIVERSITY

[www.acu.edu.au](http://www.acu.edu.au)

### **Bachelor of Nutrition Science**

As a nutritionist you will create opportunities for people to learn about food and nutrition, design food products to support a healthy diet, influence food systems to foster sustainability, and advocate for a safe and equitable food supply across the globe.

You will understand the science behind food and nutrition including human physiology and biochemistry, and food and culinary nutrition science.

The focus on the role of food and nutrition in health promotion and disease prevention for individuals, communities and populations, particularly in at-risk groups, will prepare you for work in the emerging areas of the industry.

#### Industry experience

You will be required to complete compulsory community engagement and an optional 50 – 140 hours of work placement.

Students may choose to undertake work placement in areas across the food and nutrition industry including culinary nutrition, sports nutrition, community and public health.

### Combined degree options

Applicants can apply to combine this degree with one of the following Bachelor degrees:

- Exercise and Sport Science
- Business Administration

#### Professional recognition

Graduates of this degree will be eligible to apply for registration as a Nutritionist with the Nutrition Society of Australia (NSA).

#### Admission programs

Includes information on the ACU Guarantee, <https://bit.ly/39y07e6>

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Nutrition Science	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne	58.50
Bachelor of Nutrition Science / Bachelor of Exercise and Sports Science	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne	58.50
Bachelor of Nutrition Science / Bachelor of Business Administration	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne	58.50

## RMIT UNIVERSITY

[www.rmit.edu.au](http://www.rmit.edu.au)

### Bachelor of Science (Food Technology and Nutrition)

This degree is about the science of large-scale food manufacturing, and making it safe and nutritious to meet consumers' needs.

In this program you'll learn the full range of theoretical and practical aspects of food science, technology and nutrition.

You'll also be able to develop novel, healthy and functional food products that meet consumer demands and comply with government and industry's strict safety and health guidelines.

In the first three semesters you will take foundation courses, such as chemistry and microbiology, and will be introduced to food processing and nutrition.

Later your studies will focus more on courses related to your major. The nutrition major focuses on human health and nutrition.

At our Bundoora campus you will have access to modern facilities to apply your knowledge and develop technical skills. These include:

- food pilot plant
- product development laboratory
- fully-equipped, computerised sensory and consumer testing suite
- food and nutrition research laboratory

- food analysis and characterisation laboratory
- microbiology laboratory

### Professional accreditation

Graduates will be eligible for Australian Institute of Food Science and Technology membership.

Nutrition stream graduates may also be eligible to apply for registration as a nutritionist with the Nutrition Society of Australia.

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Science (Food Technology and Nutrition)	Minimum study scores of: 30 in English (EAL) or 25 in any other English; and 20 any Mathematics.	Melbourne City & Bundoora	63.45

## THE UNIVERSITY OF MELBOURNE

<https://bit.ly/2UI27LI>

How many health stars do you look for when buying food? What do you wish you could change about the health and nutrition of our society?

Human nutrition involves the science of food production and processing, the nutrient composition of foods, the interaction of nutrients with our biochemical and physiological make-up, and the impact of diet on health and disease.

At The University of Melbourne, you can study a major in Human Nutrition in the

Bachelor of Science or the Bachelor of Biomedicine.

Building on the basic sciences, you'll look at the many different facets of nutrition, from biochemistry and physiology through to food production and nutritional regulation.

You'll cover topics such as human food history, nutritional guidance approaches, nutritional needs at various life-stages, sports nutrition, the intestinal microbiome, nutrition in disease, and nutritional policy.

The major is structured to optimise acceptance into Masters of Dietetics at universities within Australia. After completing this major you can apply for registration as an Associate Nutritionist with the Nutrition Society of Australia.



Course	Prerequisites	Campus	Minimum ATAR
Bachelor of Science	Minimum study scores of: 30 in English (EAL) or 25 in any other English; 25 in Mathematical Methods or Specialist Mathematics; and 25 in one of Biology, Chemistry or Physics.  OR: Minimum study scores of: 30 in English (EAL) or 25 in any other English; 25 in Mathematical Methods AND Specialist Mathematics.	Parkville	85
Bachelor of Biomedicine	Minimum study scores of: 30 in English (EAL) or 25 in any other English; 25 in Chemistry; 25 in Mathematical Methods or Specialist Mathematics.	Parkville	92

## SWINBURNE UNIVERSITY

[www.swinburne.edu.au](http://www.swinburne.edu.au)

### Course option 1: Health Science

#### Bachelor of Health Science

Students with study a major in nutrition within the Bachelor of Health Science. There are a large number of co-majors students can choose from.

#### Combined Degrees

Students can apply to combine the Bachelor of Health Science with one of the following Bachelor degrees: Media and Communication, Arts, Business, Science.

### Course option 2: Professional Degree

#### Bachelor of Health Science (Professional)

Students who successfully gain a place in the Bachelor of Health Science (Professional) will have access to a year of paid industry experience.

### Course option 3: graduate course package

#### Bachelor of Health Science and Master of Dietetics

Students who plan to complete the Master of Dietetics can apply for the Bachelor of Health Science and Master of Dietetics course package. This will take 5 years to complete.

### Dietetics pathway

Students who are planning to apply for the Master of Dietetics should consult with a Swinburne course adviser during the enrolment process to ensure they choose the correct prerequisites to be eligible to apply.

#### Early entry

Applicants can apply for the Bachelor of Health Science and Bachelor of Health Science (Professional) via the Swinburne Early Entry program. Applications close 31 August, <https://bit.ly/3rhRdf0>

Course	Prerequisites	Campus	Guaranteed ATAR
Bachelor of Health Science	Minimum study score of 30 in English (EAL) or 25 in any other English	Hawthorn	60
Bachelor of Health Science (Professional)	Minimum study score of 30 in English (EAL) or 25 in any other English	Hawthorn	80
Bachelor of Health Science and Master of Dietetics	Minimum study score of 30 in English (EAL) or 25 in any other English	Hawthorn	Lowest 2021 selection rank – 58.50

## TORRENS UNIVERSITY

[www.torrens.edu.au](http://www.torrens.edu.au)

### Bachelor of Nutrition

This course is offered online and is a full fee course – FEE-HELP is available.

This Bachelor degree is ideal for people who want to learn about the nutritional needs of the human body both in good health and in illness at the individual, community and population level.

You will learn how to critically analyse, develop, implement and evaluate nutrition intervention programs that address nutritional issues.

### Bachelor of Health Science (Clinical Nutrition)

This is a full fee course – FEE-HELP is available. The course is offered in 'blended mode' – you will complete a mix of on campus and online study.

"Evidence-based clinical nutrition is underpinned by the holistic understanding of nutritional principles, food as medicine traditions, therapeutics and nutritional biochemistry.

Clinical Nutrition Practitioners understand and address the nutritional, dietary and lifestyle factors which impact wellbeing throughout the lifespan, during illness and disease.

#### Clinical Placements

Students complete most clinic requirements in the custom-built University Student-led Clinic - The Practice Wellbeing Centre.

#### Professional Recognition

- ANTA – Australian Natural Therapists Association
- CMA – Complementary Medicines Association
- NSA – Nutrition Society of Australia

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Nutrition	Successful completion of Year 12	Online	No ATAR requirement
Bachelor of Health Science (Clinical Nutrition)	Successful completion of Year 12	Melbourne	No ATAR requirement



## ENDEAVOUR COLLEGE OF NATURAL HEALTH

[www.endeavour.edu.au](http://www.endeavour.edu.au)

### Bachelor of Health Science (Nutritional and Dietetic Medicine)

This course is offered at the Melbourne campus and is a full fee course – FEE-HELP is available.

Clinical nutritionists integrate traditional food wisdom and current scientific evidence to motivate individuals and communities to eat well and live healthier lives.

The Bachelor of Health Science (Nutritional and Dietetic Medicine) is supported by a strong underpinning of biological and social sciences subjects, nutritional issues.

Your studies broaden throughout the degree to include nutritional biochemistry, weight management, clinical nutrition, dietary planning, sports nutrition, nutritional physiology research and public health nutrition.

These theories and concepts are put into practice through developing clinical skills and clinical experience in Endeavour's Wellness Clinics.

Graduate Nutritionists may choose to enter clinical practice, either in private practice or in an integrative or other healthcare settings.

Nutritionists are also entering industry-based roles in areas such as product development, education, corporate health and nutraceutical sales and marketing.

### Clinical experience

Students complete most clinic requirements in the custom-built Wellness Clinic.

### Professional recognition

Graduates are eligible to practise as a Nutritionist and seek membership with the professional associations listed below. This degree does not meet the professional accreditation requirements of the Dietitian's Association of Australia (DAA) for graduates to practice as an Accredited Practising Dietitian (APD).

- ANTA – Australian Natural Therapists Association
- CMA – Complementary Medicines Association
- NSA – Nutrition Society of Australia
- ATMS – Australian Traditional-Medicine Society

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Health Science (Nutritional and Dietetic Medicine)	Successful completion of Year 12.s	Melbourne	No ATAR requirement





# DIETETICS



Dietitians apply the science of human nutrition to help people understand the relationship between food and health, how to make appropriate dietary choices to attain and maintain health, and how to prevent and treat illness and disease.

Dietitians Association of Australia, <https://daa.asn.au>

Job Outlook information - <https://joboutlook.gov.au/>

## LA TROBE UNIVERSITY

[www.latrobe.edu.au](http://www.latrobe.edu.au)

### Undergraduate program

#### Bachelor of Nutrition Science / Master of Dietetic Practice (Course Package)

High achieving students can apply for the 5-year Bachelor of Nutrition Science / Master of Dietetic Practice (Course Package).

An offer of a package deal guarantees admission into the Master of Dietetic Practice providing academic conditions are met.

Students will complete the 3-year Bachelor of Nutrition Science then the 2-year of Dietetic Practice.

### Graduate program

#### Master of Dietetic Practice

Applicants will need to complete an approved Bachelor degree first.

The Master of Dietetic Practice is a two-year full-time degree that aims to give students with a relevant undergraduate degree the opportunity to obtain a professional qualification as a dietitian.

The course provides a background in individual case management, clinical dietetic practice, community and public health nutrition and food service management, with a focus on evidence-based practice in nutrition and dietetics.

### Professional accreditation

The Master of Dietetic Practice has provisional accreditation from the Dietitians Association of Australia (DAA).

### Examples of La Trobe pathway courses

- Bachelor of Nutrition Science
- Bachelor of Food and Nutrition Science

### Admission pathways

Information, <https://bit.ly/2UPULoZ>

Course	Prerequisites	Campus	Indicative ATAR
Bachelor of Nutrition Science / Master of Dietetic Practice (Course Package)	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne	84.70
Master of Dietetic Practice	Detailed selection criteria, <a href="https://bit.ly/33Wvhkb">https://bit.ly/33Wvhkb</a>	Melbourne	Graduate entry

## DEAKIN UNIVERSITY

[www.deakin.edu.au](http://www.deakin.edu.au)

Deakin offers an accredited dietetics qualification at the graduate level. Applicants will need to complete a Bachelor degree before applying.

### Examples of Deakin pathway courses

- Bachelor of Nutrition Science
- Bachelor of Nutrition Science (Dietetics Pathway)
- Bachelor of Nutrition Science / Bachelor of Exercise and Sport Science

## Master of Dietetics

If your goal is to become an accredited practising dietitian, why not join a program that has over 40 years of experience developing industry-ready dietitians?

Deakin's Master of Dietetics explores the important relationship between diet and disease.

Accredited by the Dietitians Association of Australia and shaped by decades of industry input, this course trains you to prescribe science-based treatments for a wide range of health issues, from obesity and diabetes, to allergies and malnutrition.

## Industry experience

Practical learning forms a significant part of the course and you'll have many opportunities to apply the knowledge you learn in the classroom in labs, workplaces and industry settings.

21-weeks of professional practice placement gives you industry experience in multiple settings and prepares you for your career as a dietitian.

## Professional accreditation

This course is professionally accredited by the Dietetics Association of Australia.

Course	Prerequisites	Campus	Indicative ATAR
Master of Dietetics	Detailed selection criteria, <a href="https://bit.ly/39riuRR">https://bit.ly/39riuRR</a>	Melbourne	Graduate entry
Bachelor of Nutrition Science. (Dietetics Pathway)	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne	87.55
Bachelor of Nutrition Science	Minimum study score of 30 in English (EAL) or 25 in any other English.	Melbourne	65.00

## SWINBURNE UNIVERSITY

[www.swinburne.edu.au](http://www.swinburne.edu.au)

Swinburne offers an accredited dietetics qualification at the graduate level. Applicants will need to complete a Bachelor degree before applying.

### Pathway courses

Suggested pathway courses at Swinburne are the Bachelor of Health Science or Bachelor of Health Science (Professional), majoring in nutrition.

Students will need to discuss their program with a course adviser when enrolling into the Bachelor degree to ensure the correct subjects are chosen to meet prerequisites for the Master of Dietetics.

## Master of Dietetics

The Master of Dietetics at Swinburne aims to educate and empower the next generation of dietitians to be nutrition experts and innovators making a positive impact on the health of Australians.

Students will develop their skills in traditional areas of dietetic practice – clinical practice, community and public health nutrition and food service management – as well as the emerging and growing fields of entrepreneurship and private practice, research, nutrigenomics, aged care, corporate health, digital health, food sustainability and supply, food innovation and sport.

## Industry experience

Placements will take place in three required domains including clinical and individual case management, community and public health nutrition, and food service management.

The Masters of Dietetics will engage students in 105 days of placement. Placements consist of a 5-day research placement in first year followed by four 5-week block placements in subsequent years.

## Professional accreditation

The University has commenced the accreditation process with the Dietitians Association of Australia.

Course	Prerequisites	Campus	Guaranteed ATAR
Master of Dietetics	Selection criteria, <a href="https://bit.ly/2WOSNrC">https://bit.ly/2WOSNrC</a>	Hawthorn	Graduate entry
Bachelor of Health Science	Minimum study score of 30 in English (EAL) or 25 in any other English	Hawthorn	60.00
Bachelor of Health Science (Professional)	Minimum study score of 30 in English (EAL) or 25 in any other English	Hawthorn	80.00