HOT FOOD


SANDWICHES, ROLLS AND WRAPS

- Ham
- Ham + Cheese
- Ham, Cheese + Tomato
- Ham + Salad
- Tuna + Salad
- Chicken + Salad
- Salad
- Egg + Mayo
- Egg + Lettuce
- Cheese
- Cheese + Vegemite
- Cheese + Tomato
- Vegemite

SUSHI

- Tuna (GF)
- Tuna + Avocado (GF)
- Chicken Teriyaki
- Crispy Chicken + Avocado

Sushi available on:
Echuca East, 208 - Tuesday
Twin Rivers, Specialist School, St Marys,
Moama Grammar - Wednesday
Echuca College - Thursday
PLATES

- Salad (GF)
$\$ 7.50$
Lettuce, Tomato, Cucumber, Cheese, Beetroot, Pineapple, Egg Chicken or Ham
- Nibbles

Cheese, Crackers, Veggie Sticks, Ham, Tzatziki

- Beef Burger
- (with the lot +1 )
- Chicken Schnitzel + Cheese
- Hot Chicken Roll + Gravy
- Corn on the Cob (GF)
- Lasagna
- Spaghetti
- Mini Pizza
- Warm Chicken Wrap

Lettuce, Cheese, Tomato + Mayo

- Veggie Pastie
- Chicken Noodle Soup with Bread Roll
- Steamed Dim Sim
- Hotdog \$5
- Hotdog + Cheese $\$ 5.30$
- Nachos, Salsa + Cheese (GF) \$6 (with light sour cream +.50 c )
- Wedges (with light sour cream +.50 c )
- Beef Pie \$5
- Beef Pie (GF) \$6.50
- Sausage Roll \$4.50
- Macaroni + Cheese $\$ 6.60$
- Party Pie \$2
- Hash Brown
- Chicken Nuggets

3
$\$ 3.70$
6
\$6

TOASTIES + JAFFLES

- Cheese
\$4.40
- Ham + Cheese
- Baked Beans
- Spaghetti (with cheese +.30c)
- Chicken + Pesto Foccacia
- Salami + Cheese Foccacia

Our colour coded system has been created with industry dieticians.

Please clearly specify on your order:
Student Name * Classroom

FROZEN

- Zing
- Frozen Pineapple Ring \$2
- Lemonade Icy Pole \$3
- Mini Calippo \$2.50
- Large Calippo \$3.50
- Paddlepop \$3
- Cyclone Twist \$3
- Slushy \$3

DRINKS
-Water \$3
-Nippy's $\$ 3.40$

- Chocolate or Strawberry
-Warm Milo \$3
-Apple Juice $\$ 3.40$
- Orange Juice $\$ 3.40$
- Apple + Blackcurrant $\$ 3.40$
- Peanut Butter Protein Balls
\$3.50
- Raspberry + White \$4.50 Chocolate Muffin
- Chicken + Pesto Foccacia
\$7.20
- Salami + Relish Foccacia \$7.20
- Sweet Chilli Chicken Wrap \$7.50
- Chicken Schnitzel Roll \$7.20
- Hamburger with the lot \$8.20

All baked goods, lasagna, spaghetti and soups are homemade.
*Some items not available at delivery schools (GF) Gluten Free

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